

MEDIA RELEASE

The Spa at White Oaks hits the Top 100 Spas List

Niagara-on-the-Lake, Ontario (January 2, 2023)

North America's passion for spa and wellness travel rose in 2022. Consumers who were tired of restricted travel, as well as interested in prioritizing their own health, discovered new and exciting spa and wellness experiences across North America. The spa and wellness travel website, Spas of America, announced its Top 100 Spas of 2022, providing insight into consumers' favorite spa and wellness experiences of the year.

The Top 100 Spas of 2022 list includes 81 from the United States, 13 from Canada, and six from Mexico. The Spa at White Oaks ranked #36 overall, More exciting however, is our Canadian rankings where The Spa at White Oaks has been ranked #7 in all of Canada, and #1 in Niagara.

"The Spa at White Oaks is a unique and intimate spa and wellness experience in the heart of Southern Ontario's wine region," says Spas of America president Craig Oliver. "Besides the White Oaks Resort offering leading fitness and sports programs, the spa offers an invigorating spa experience providing massages, facials, aromatherapy, and treatments that leave your body and mind in total harmony."

"We are absolutely thrilled and honored to be recognized once again by Spas of America", says Spa Director Jennifer Hipwell. "The wellness sector in the hospitality industry has been at an all-time high and continues to grow. Mental health and overall stress management have been a strong focus and our dedicated spa team looks forward to continuing to enhance our overall guest experiences through our exclusive spa offerings."

"Wow! Considering the current climate and what we have had to battle these past couple of years with the pandemic and the extreme staffing issues, I consider this a huge victory", Says Ameer Wakil, CEO of White Oaks Resort & Spa. "We're looking forward to an amazing 2023."

2022 Top 100 North America: <https://www.spasofamerica.com/2023/01/04/spas-of-americas-top-100-spas-of-2022/>
Spas of America White Oaks Listing: <https://www.spasofamerica.com/listing/the-spa-at-white-oaks-resort/>

About White Oaks Resort & Spa:

White Oaks Resort & Spa is located in the heart of Ontario wine country, Niagara on the Lake and offers more than 60,000 sq.ft. of conference meeting and exhibition space and 220 beautifully appointed guestrooms. Dining experiences at White Oaks range from fine dining LIV Restaurant, to casual pub favourites at Play Bar and Grill and healthy offerings at Grow Kitchen & Café. The world class Spa at White Oaks tempts with pure indulgence, and offers the most results driven skin care in a stunning setting. The Club at White Oaks is a magnificent three story fitness and racquet club with private membership. All contained under one roof, White Oaks Resort provides hotel guests, club members and conference delegates an outstanding Niagara experience.

For More Information:

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