

ENHANCED
**PERSONAL
TRAINING**



Amp up your training efforts with our specialized equipment and a dedicated trainer in your corner. Utilizing all that the HPC has to offer, your trainer will incorporate assault bikes, sleds, battle ropes and more into your training program to push your limits and reach higher goals.

**1-ON-1 ADULT
ENHANCED PERSONAL TRAINING**

1-\$75 / 3-\$195 / 6-\$360 / 12-\$660 / 18-\$945

**1-ON-1 YOUTH
ENHANCED PERSONAL TRAINING**

1-\$55 / 3-\$159 / 6-\$300 / 12-\$552 / 18-\$810



For more information and sign-up, please contact our Director of Group Exercise & Personal Training

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